Knights Knews

Grand Knight Report

We had a wonderful officer installation and turnover dinner on July 28. We had about 70 people and Tony Bonomo and his crew helped cook a great tri-tip dinner. Tony of course cooked the Sunday community dinner at the same time. Thanks for all that attended. We held the turnover dinner at the St. Rose Parish Hall this year due to the construction work we are doing at the Knights hall. We are working on a new roof and some new AC units. We are also replacing the Fire suppression hood in the Kitchen.



Our next big event in August will be cooking for the St. Rose Feast day at St. Rose of Lima on August 23rd. If you can help cook our server that day give me a call or send me an email: rickostrich@gmail.com.

In August we are also helping at the 13 Souls Run on August 24. If you can help with that please contact Dan Owens.

The other big news is we are going on a cruise to Mexico in January 2025. See the article in this bulletin for all the details.

Vivat Jesus

Patricia Ave.

GK Rick Ostrich



<u>KNIGHTS</u> COLUMBUS

IN SERVICE TO ONE. IN SERVICE TO ALL.

Deacon's Corner

Assumption

On August 15th we celebrate the feast of the Assumption of the Blessed Virgin Mary. That means that Mary, at the end of her life, was taken body and soul into heaven. Many non-Catholics don't believe in the assumption of Mary because it's not in the Bible.

Well, let's look and see what the Bible has to say about that. In Genesis 5:21-24 and Hebrew 11:5, we read about Enoch being taken by God and that he "walked with" God. In 2 Kings 2:11, Elijah is taken up to heaven in a fiery chariot. So it seems they were both assumed in some manner or other, body and soul,



into heaven, which means the assumption of Mary, as a possibility, is not counter to Scripture.

Then we have Rev 11:7-12 "When they (two witnesses from God, some time in the future) have finished their testimony, the beast ascends from the bottomless pit will make war upon them and conquer them, and kill them and their dead bodies will be in the street of the great city-----verse 11 - says, But after 3 ½ days, a breath of life from God, entered them. When they stood on their feet, great fear fell on those who saw them. Verse 12 - says Then they heard a loud voice from heaven say to them, "Come up here". So they went up to heaven in a cloud as their enemies looked on. These two witnesses sent by God were dead for 3 ½ days before being brought back to life and then assumed - body and soul - into heaven.

The principle of the Assumption is not contrary to Scripture. If it can be done for all those, why not for the Blessed Virgin Mary.

Viva Jesu Deacon Terry

Field Agent Report

Brothers, This is an exciting time of year for two reasons.

First, our 142nd Annual Supreme Convention is taking place in Quebec, August 6-8. Supreme Knight Patrick Kelly will lead us in celebrating the successes of our Order over the last Fraternal Year. He will announce the number of volunteer hours completed, the amount of charitable donations made, and more.

That impact is only possible through our work right here on the local level. I hope that you take as much joy in being a Knight and making a difference as I do.

I encourage you to watch the livestream of the Supreme Convention at kofc.org/convention. Or, if you're unable to watch live, you will be able to find news articles and videos on the website during and after the convention.



Second, I am excited as we begin a new Fraternal Year. There's much work to be done in our community as always. I pray that Blessed Michael McGivney, whose feast day we celebrate August 13, will watch over our efforts this year and that we will continue to grow in charity, unity, and fraternity.

If you've benefitted over the past year from any aspect of your experience with the Knights – whether through faith-based activities, volunteer work with your brothers, getting a handle on financial matters or something else – I encourage you to invite a friend or family member into that experience with you. Let's share that brotherhood with others.

I pray, too, that through the intercession of our founder, God will bless our families abundantly this year.

As always, I am available to discuss how Knights of Columbus can help protect you and your family financially. I hope you will avail yourself of this important benefit of being a member of our Order

Scott Frost Field Agent 019598 Calif. License 4359550 818-957-2649

THE Critical Lifestyle Factor for Long-Term Health and Longevity

More money moved into longevity research in 2024 than any time in history, and next year will exceed the one before. Reported studies hint at possible breakthroughs in lifespan/healthspan, but then usually conclude that more study is required to realize these potentials. Excitement gets dimmed by unexpected complexities, but progress is accelerating in my mind.

Meanwhile, the basic strategies to maintain health long-term are those I site in my 6-Pillars for Senior Fitness promoted on my website: Keep current with Antiaging technology (I suggest subscribing to the FREE Longevity Insider newsletter); Eat real food - not in excess; Exercise is a must; Sleep adequately; Use proven supplements and Cultivate produc-



tive thinking and a Grateful attitude. A few years ago I added Rejuvenation Strategies as a 7th Pillar, and productive strategies are indeed being realized.

Most of the experimental drugs in the research pipeline are tested on short-lived animals or lower life forms, and show great improvements, some on the order of doubling lifespans. But when tried on humans, add mere weeks or months rather than years or decades to projected lifespan. Often these benefits are compared to the benefit of lifelong exercise, and found to be significantly less than simply being physically active on a daily basis.

I recently wrote about eliminating senescent cells with <u>Senolytic Activator</u> as a viable strategy to extending healthspan, which I have been using for a few years. This practice looks to reduce inflammation that intensifies with aging, and in doing so, slows late-life decline into the diseases of aging – possibly staying healthy decades longer. (You want to get this from me – far cheaper than retail)

Sometime before that I wrote about boosting NAD+ levels (an enzyme required for energy production) with a precursor Nicotinamide mononucleotide (NMN) which will restore youthful energy levels: for how long, we don't know, but I stopped needing naps when I started using it at 78, and 6 years later never think about needing a nap. A Liposomal version is now available at Renuebyscience.com; use discount code FRANK10 at checkout for 10% off the price and free shipping (use for your next 9 orders as well). If you want energy levels like you had in your thirties – this does it!

More recently I wrote of Fatty15; a newly discovered Essential fatty acid that adds a decade or two to the health-span of Dolphins, and likely will do the same in us; now an available supplement.

Still, these potential breakthroughs are measured against the life-extending benefit of exercise, and so far exercise wins. Of the forms of exercise in practice, nothing works as well for aging as Progressive Strength Training. The primary hallmark of aging is muscle loss, and Strength Training grows muscle, at every age. My gym is now LM Fitness; updated equipment, not too busy, and I have more training slots available – it's a wonderful time to learn the #1 strategy for life-long fitness from a well-seasoned pro.

Strength Training is complicated; many practices need to be learned, and every body part requires a particular movement and proper form to get the full benefit and avoid injury. One needs to acquire a fondness for moments of extreme exertion and for the soreness that comes a day-and-a-half later and lasts for a few days. A well-equipped gym is a realistic requirement, and learning this on your own is an injury trap – you need a competent trainer, with a specialization in senior fitness. I work out of LM Fitness and have openings in my schedule, no membership fee while training with me. Free advice is available to all by email or phone. Just reach out and tap me as a resource. wilhelmi@pacbell.net or 805-587-6855.

To Your Greater Health and Fitness – In Christ, Frank

Knights of Columbus Cruise – Jan 2025

I am getting together a cruise for the Council. We have done these in the past every couple of years.

This year's cruise is to the Mexican Riviera, January 19 – 25, 2025 on Carnival Panorama. The cruise leaves from Long Beach and goes to Cabo San Lucas and Ensenada.

Since the cruise leaves Sunday and gets back Saturday Morning, it will not interfere with Saturday Bingo.

Of course you will need a valid passport.

To book the cruise you can book with Reva at Dimensions in Travel at 415-892-5973.

Reva works Monday - Thursday 10:00am - 3:00pm

Reva's email is: reva@dimensionsintravel.com.

After we get closer to cruise date I will contact those that have booked to see if you want to get a shuttle from Simi Valley to Long beach and back.

GK Rick Ostrich





Bingo Marathon

We are having a Bingo marathon on Saturday Sept 7 to raise money for the Samaritan center.

We could use extra help that day at bingo, Fred Valdez will be sending out more on what shifts are needed as we get closer. Doors will open at 10am, and we will be cleaning up around 5pm.

Meetings Moving to Wedneday

Starting in September the Officer's Meeting and the Business Meeting will be moving to Wednesdays due to a scheduling conflict.

Thursdays Bowling

Starting in September Bowling will start. Please attend a meeting on August 29th to find out more.

BLOOD DRIVE

Thank you everyone willing and able to donate blood at the Knights of Columbus Vitalant blood drive Saturday June 29. Vitalant collected 66 units of blood!!

Our next blood drive will be Saturday October 26 at the St Rose of Lima parish hall from **7:30** to noon.

If your able to donate please call Paul Friedeborn at 805-395-1126, Vitalant at 805-654-1600 or contact them online to make an appointment.

COMMUNITY DINNERS

The Community dinners are served between 5:50pm – 6:30pm at the Knights hall. If you would like to help, give Rick Ostrich a call at 805-501-8818.

PENDING MOTIONS

No Pending Motions

WE NEED BINGO WORKERS

We are in need of more Bingo workers:

Callers

Cashiers

Paper

Call Back

Finance

Pull Tabs

Training is free, they are not hard jobs, and you get a free dinner. All we ask is 3 - 4 hours per month. Remember that CHARITY is one of the founding principles of the Knights and Bingo is where the council gets its money to donate to our charities! If you are new to the council, or if you have not worked Bingo, please call me so I can schedule you for training and add you to the Bingo schedule.

Thank You,

Fred Valdez

805-428-6413

F_valdez@yahoo.com

Helping Hands

Help out in many activities this August. Contact SK Paul Friedeborn (805) 522-6080

Monday Night Football

Monday Night Football starts in September. A meal and fun for all at the Knight's Hall for a minimum fee. Come join us or help out. Contact John Antonacci (805) 559-2944.



Back again this year is the 13 Souls of Kabul charity Run/walk/bike event, August 24th, 2024 starting from the Simi Metrolink station at 6:15 am and runs along the Arroyo Simi bike path to Madera Rd and back.

On August 26, 2021, during the evacuation of the Karzai Airport in Kabul, Afghanistan, a suicide bomber killed 170 people of Afghanistan and 13 U.S. Service Members, and critically wounded 18 U.S. service members. As a tribute to those service men and women that lost their lives from this tragic event and to benefit their families, the 13 Souls Memorial Run/Walk/Bike event and fundraiser was born. Organized by a brother knight and father of a Marine that was there during the evacuation but survived. He turned a personal run into a larger, memorial run for our lost 13. This year we ask participants to make a Low entry donation fee to register for this worthy cause at givesendgo.com/13soulsrun2024. You can make a donation even if you are not participating.

This is a 1k, 5k, 10k, ½ Marathon event that is NOT TIMED.

There are no prizes at the end. A breakfast will be provided to all registered participants and volunteers, prepared and donated by the Y's Men of the Simi Valley YMCA Men's Group. This is a morning of celebration and reflection to honor those we lost and who were critically wounded on August 26th, 2021. This is also a fun, community event celebrating life and the freedoms we have here in the United States.

If you want to volunteer, sign up at <u>13soulsrun.org</u>. For more info contact PGK Dan Owens (805) 657-1137

This month we mourn the passing of PFN Alaen Canfield, SK Anthony Frenn, Hudi Kent daughter of PGK Boyd Brotherton, Cherry Denny sister-in-law of John Antonacci, Joanne Lebeck parishioner of St. Rose, Patty Turick cousin of Jim Fabry, Shirley Hanney Long time Bingo Player & St. Rose Parishioner. Mike Novak cousin of PGK/PFN Gerry Riss,). Please keep the Canfield, Frenn, Brotherton, Kent, Denny, Antonacci, Lebeck, Turick, Fabry, Hanney, Novak and Riss families in your prayers. Please keep the following especially in your prayers Steven Huerth son of PGK Ron, PGK Rus Ireland and wife Gail, Ann Paterson sister of PGK Joe Ferrall, Rick Stabler, PGK/PFN Bob Spielman, Carrie Lotz-Bender daughter of PGK/PFN Tom Lotz, and David Cassone friend of PGK/PFN Gerry Padgett. The sick below and their families are also in need of our love and prayers.

SK Bill Alexander and wife Lori Jeff Anderson

Tracy Antonacci and Cheri sisters of PGK SK John

David Babcock and wife Maddy Regina Barbosa daughter of SK Steve Logan Brammer's mother-in-law

SK Jerry Brusseau and family

Andrew Budinski

SK Richard & Susie Case Guillermo Camarena's father

Rosa Camacho

Juanita Camacho mother of Tony Blanca Chowdhury and family Brian and Joseph Conant grand neph-ew and cousin of PGK/PFN Herman

Barbara Connor, mother of SK Blair Patricia wife of SK Carl Cornell (d)

SK Don Corson's wife Marian and son

Trudy wife of SK Dominick Costanzo SK Tony Crane

PGK/SK Tony DeMarco, Abrianna granddaughter and Jennifer DeMarco lezza daughter

Jerry Mahieu brother-in-Law of SK Larry Denning

Sahera sister of SK Sam Doka SK John Downey's wife Ritamarie, and family Robert, Bobby, Sean Downey

and Joan Millenciewicz Ann Dumas wife of SK Ronald (d)

Andy Duport Amanda niece & Pam wife of SK Fred

Erickson (d) SK Jim Fabry and wife Linda Diana Fabry wife of SK Chris

SK Neil Fanning's wife Lupita PGK SK Joe Ferrall, sister Ann Paterson and his friends Matt Weaver Sr.&

PGK Bill Fisher

Brian Fransen son of SK Don (d) Carmen Scurlock grand-daughter, of Paul Friedeborn

Peggy, wife of Gerald Giarrusso Nick Gomes and wife Joanie and granddaughter Daphne

K Cody Gorecki

SK Peter Grace Jacqueline Griffith mother of SK Mark

Tanya Guzman

SK Bob Hacia's Sister in law Dalton Collins and uncle Tom Riza Alfredo Hernandez and his sister Alejandro Hernandez

SK Tim Hodgins and wife Terry

SK Lance Holman

Stephan, son and Lois, wife of PGK SK Ron Huerth

Kyle Kadell's Sister Karen Childers PGK/SK Russ Ireland and wife Gail George Powell in Law, Walter Bing-

ham uncle, Sara Jayne Powell Sister and Tim son, of SK Tom King

SK Tom King's daughters Marianne and Carol.

SK Duke Kopacz's wife Roberta Al Kowalski and wife Emese Tony Lemos and his brother Joel

Vincent Lendonne Harold (Chris) Lev Jr.

Brian sòn and John Linscott Jr

DD Mike Locolo

Maria Lojo's mother-in-law

Marlene Looney

Veronica Lopez & Alberto Anava cousin & nephew of SK Alberto Lopez SK Joseph Lopez and Daughters Den-

Julia Mora. Ray Madden's brother-in-law Lou SK Henry Mancilla, brother-in-law Alejandro Arellano, Scott, grandson and niece Roseann Fuentes

SK Jim Manda and son Tim PGK SK Bill Martin

Andrew Richards friend of SK John Makenzie

Norma Martinez and Daughter Thalia The Mazo Family

PGK John McCracken and daughter Joan

Kellie daughter and Jo McKinley wife of PGK SK Al (d)

McGarry family

Charles Miserendino and brother Joseph

Fr John Moloney

SK Tom Morrissey and wife Hope Terry Brown's sister

Megan O'Maler

Blair O'Connor's mother Barbara

Rick Ostrich

Stephen Paisley son of Marilyn

Saylor Padgett, Mateo Briones, grandchildren, Miguel & Cecelia Briones Father & mother in laws, PGK David Cabone, Davib Cossone & Rita Costello friends of SK Jerry Padgett SK Jerry Padgett's wife Toni, daughter Jen and in-Law Michelle Fairbourn

Mary Beth Pitstick wife of PFN SK Jerry Bree Rayburn, wife of SK Russ Rayburn

Sean Reeves Deacon SK Terry Reibenspies PGK/PFN Gerry Riss niece Erin Hughes, cousin Mike Novak and friends Steve Stark, Ray Salings and

Ethan Jordan

SK ED Roberts and wife Jean Wilda Rodriguez wife of PFN Anthony

SK Willie Romero

Michael Pielaet in-law of SK Jeff Sage Miriam wife SK Louie Sanchez (d)

Amber Santiago and children

Bill Schmidt Greg Secor John Segar Fr Joe Shea

PGK SK Bob Smith his wife Angie,

sons David and Chris Susan Smith, wife and Alex son of PGK SK Christopher

Sara, wife of Jim Spencer Mary wife of PGK/PFN Bob Spielman

Elaine sister of PGK/PFN Bob Spielman

Peter Stiner

SK David Tellez's wife Alberta and Brian Lampkinf son in Law

Kitty Fidermutz, daughter of Lonnie Todd

Sandy, wife of Mike Tortorici Ginger Trematore wife of SK Joe (d) Ruben Valdez

Manual Vargas, sister Mayira Vargas and his mother Maria Espinoza de

John vera's son MarcVenegas Family Daniel Videgain

SK Gene Walinski and wife Kathy

Colleen, wife of Jim Wehr (d) Chelsea grand-daughter of Jack White

Shirley, wife of SK Dan Zengierski

Please continue praying for our service men and woman, they serve throughout the world helping to maintain peace and the ideals of our country. My brothers, if you know of someone in your family, or a friend who is in ill health, who needs our prayers, or of someone who can thankfully be removed from the list, Email me or a call at the address or number below.

Peace and God's blessings from your Bereavement and Fraternal Ministry.

Jerry Myszkowski, 805 522 1641 jmyszko@yahoo.com

California Installation of Officers

On Saturday, July 6th we attended the Knights of Columbus California Installation of Officers at St. Lucy's Church in Long Beach. If you have never been to St. Lucy's, the church is not one of the biggest. I believe it may hold a maximum of 250 people. To say there was little room is an understatement. I believe there was at least 5 hundred plus in attendance and the honor guard which extended outside the church.

I must apologize for the photos. With so little room to even move a small amount, I did my best to get some pictures which will give you an idea of the extent of crowd in attendance and the installation of officers. The Officers who were to be installed were all dressed in white except for Fr. Budi who was installed as the California State Chaplin. You may remember him as an associate at St Rose of Lima in Simi Valley. He is now Pastor of St Lucy's. Also in attendance was Deacon Pete Wilson who you may recognize from St Rose. Presiding was Bishop Marc V. Trudeau, "Fr. Budi's Boss", as Fr. Budi introduced him to us.

St. Lucy has a large Philippine congregation. They were very welcoming and even though we didn't have a reservation, which was mandatory, they accommodated us and fed us a delightful meal which was cooked for all five hundred plus in attendance.









2023 - 2024 OFFICERS					
Grand Knight	SK Rick Ostrich	(805) 501-8818	rickostrich@yahoo.com		
Spiritual Advisor	SK Deacon Terry Reibenspies	(805) 390-0745	terryreib@pacbell.net		
Deputy Grand Knight	John Antonacci	(805) 559-2944	john_thetilepro@yahoo.com		
Chancellor	SK Paul Friedeborn	(805) 522-6080	paulf@rsrpd.us		
Warden	John Linscott, Jr.	(805) 428-8145	johnlinscottjr@sbcglobal.net		
Recorder	John Downey	(805) 579-8970	johnandrita@sbcglobal.net		
Financial Secretary	SK Jim Hook	(805) 579-8438	jhook643@gmail.com		
Treasurer	SK Dave Babcock	(408)499-5576	dave@babcock-family.org		
3-Year Trustee	SK Chris Fabry	(805) 624-9858	chrisfish74@hotmail.com		
2-Year Trustee	PGK Joe Ferrall	(805) 428-1894	Jnl_70@outlook.com		
1-Year Trustee	SK Jerry Padgett	(661) 492-5473	jtpadgett2013@gmail.com		
Advocate	SK Joel Bruemmer	(818) 307-3590	bruemmer@pacbell.net		
Membership Chair	Jay Espiritu	(805) 587-9028	jayespiritu@sbcglobal.net		
Guard	Larry Peltier	(818)209-3580	larrabypel@sbcglobal.net		
Guard					
Guard					
District Deputy	SK Mike LoCollo	(805) 231-6188	mikelocollo@rosdrunner.com		
Insurance Representative	Scott Frost	(818)957-2649	scott.frost@kofc.org		

COUNCIL 5803 EVENTS AND CHAIRMANS					
EVENT	DATE	CHAIRMAN	TEL	E-MAIL	
On Going/ As needed					
Bingo	On going	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com	
Blood Drive	On going	SK Paul Friedeborn	522-6080	paulf@rsrpd.us	
Christian Service Program	On going				
Family Mass	5th Sundays				
Fish Fries—1st Friday	1st Fridays	SK Tony Bonomo	805-407-0578	marilyn@marilynehrman.com	
Healthy Living Director	On going	SK Frank Wilhelmi	526-6194	wilhelmi@pacbell.net	
Helping Hands	As needed	SK Paul Friedeborn	522-6080	paulf@rsrpd.us	
Community Breakfast	Monthly	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com	
Community Dinner	3rd Fridays	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com	
Membership Chair	On going	Jay Espiritu	587-9028	jayespiritu@sbcglobal.net	
Admissions Chair	On going	PGK George Gnesda	522-5699	g.gnez@yahoo.com	
Knights Knews- Bulletin	On going	SK Joel Bruemmer	(818)307-3590	bruemmer@pacbell.net	
Pro-Life Breakfast	5th Sundays	SK Tony Lemos SK George Lemos	584-3803 584-9816	eliman7@sbcglobal.net lemos11@sbcglobal.net	
Rosary for the Unborn	1st Saturday	SK Tony Lemos SK George Lemos	584-3803 584-9816	eliman7@sbcglobal.net lemos11@sbcglobal.net	
Various Food Drives	TBA	TBD			
Seasonal					
Fish Fries- Lenten	Ash Wed to East- er (Fridays)	SK Tony Bonomo	805-407-0578	marilyn@marilynehrman.com	
Monday Night Football	Sept- Jan	PGK John Antonacci	559-2944	john thetilepro@yahoo.com	
Bowling	Sept-May	PGK George Gnesda	522-5699	g.gnez@yahoo.com	
PADS	Oct-April	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com	
K of C 5803 Toy Drive	Oct-Dec	PGK Cliff Wirtz PGK Norm Ouellette	208-8970 551-3704	cawpaw@aol.com njouellette7@yahoo.com	
Once Per Year					
Charter Night	TBD	SK Richard O'Donnell	522-0906		
Super Bowl Party	February	PGK John Antonacci	559-2944	john_thetilepro@yahoo.com	
Annual Men's Retreat	March	Oren Robles	(805) 432-6034	orencio8@yahoo.com	
St Patrick's Day Dinner	March	GK Joe Ferrall	428-1894	jnl_70@outlook.com	
Scholarship	Spring	PGK Bob Smith	587-0434	truestorybob@hotmail.com	
Free Throw Contest	Spring	PGK George Gnesda	522-5699	g.gnez@yahoo.com	
Soccer Chalange	Spring	GK Joe Ferrall	805-428-1894	jnl_70@outlook.com	
International Dinner/Vocation Sun.	TBD	PGK Cliff Wirtz	208-8970	cawpaw@aol.com	
Chili Cook Off	June TBD	PGK Hennry Mancilla	(805)587-3225	hmancilla@yahoo.com	
Installation of Officers	July	•	,	-	
Turnover Dinner	July				
PGK Testimonial Dinner	September	PGK Bob Smith	578-0434	truestorybob@hotmail.com	
Simi Valley Days	September	SK John MacKenzie PGK John Antonacci	522-9818 559-2944	ukmackenzie@yahoo.com john_thetilepro@yahoo.com	
Bishop Fishing Trip	Oct	PGK Christopher Smith	579-7373	groobee@sbcglobal.net	
Dream Cuisine	Oct	PGK Cliff Wirtz	208-8970	cawpaw@aol.com	
MRC Tootsie Roll Drive	October	PGK John Antonacci	559-2944	john_thetilepro@yahoo.com	
Columbus Day Dinner	October	SK Tony Gammariello	522-9548	tgammy@yahoo.com	
Thanksgivng Dinner / Turkey Shoot	November	PGKs Jerry Padgett & Rick Ostrich	661-492-5473 501-8818	rickostrich@yahoo.com	
Memorial Mass	November	PGK Bob Smith	578-0434	truestorybob@hotmail.com	
Hanicapable Lunch	December	DGK Chris Fabry	805-624-9858	chrisfish74@hotmail.com	
New Years Party	Dec 31st	,		<u> </u>	
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August 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 *Rosary at Assumption 9:30AM *Bingo *Men's Holy Hour
4 *Community Dinner 5:30- 6:30	5	6 Monthly Breakfast Meeting Officers Meeting	7	8	9	10 *Bingo *Men's Holy Hour
*4th Degree Callout Ventu- ra Mission *Community Dinner 5:30- 6:30	12	13 5803 Business Meeting 7:30PM Rosary 7PM	14	15	16	*Bingo *Men's Holy Hour Ya Ya Girls Night Out
*Community Dinner 5:30- 6:30	19	20	21 *4th degree Officers meeting and Rosary 6:30PM Meeting 7:00PM	22 Insurance Webinar	23 Parish Picnic	*Bingo *Men's Holy Hour *13 Souls Event
25 *Community Dinner 5:30- 6:30	26	27	28	29 Bowling Meet- ing	30	31 *Bingo *Men's Holy Hour

September 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 *Community Dinner 5:30- 6:30	2 LABOR DAY	3 Monthly Break- fast Meeting	4 Officers Meet- ing	5 Bowling	6	7 *Rosary at Assumption 9:30AM *Bingo Marathon *Men's Holy Hour
8 *Community Dinner 5:30- 6:30 *4th degree Turnover	9 Monday Night Football	10	5803 Business Meeting 7:30PM Pre Meal 6:30 Rosary 7PM	12 Bowling	13	14 *Bingo *Men's Holy Hour
*Community Dinner 5:30- 6:30	16 Monday Night Football	17	*4th degree Officers meet- ing and Rosary 6:30PM Meeting 7:00PM	19 Bowling	20	21 *Bingo *Men's Holy Hour
*Community Dinner 5:30- 6:30	23 Monday Night Football	24	25 40 days for Life Campaign Start	26 Bowling	27 Pregnancy Center Gala	28 *Bingo *Men's Holy Hour *Seminarians Dinner
29 *Community Dinner 5:30- 6:30 * Pro-Life Breakfast	30 Monday Night Football	1 Monthly Break- fast Meeting	2 Officers Meet- ing			